Primary360

Primary care that fits your lifestyle by phone or video from wherever you are



Primary360 from Teladoc Health creates a custom care plan for you that's easy to follow.

Starting from your first visit, your virtual primary care provider (PCP) and dedicated Care Team will take the time to really get to know you and address all your health needs.

You'll have unlimited access to your Care Team that can schedule follow-up visits, check in with you and answer questions at every part of your health journey.

What you can expect from Primary360

- Choose your primary care provider and schedule a phone or video visit at your convenience
- Discuss your medical history, health challenges and goals
- Get a personalized care plan to meet all your unique needs
- Message your dedicated Care Team 24/7 with follow-up questions

Get started - it's already part of your benefits. Simply download the app or go to **www.teladochealth.com**.

Why virtual primary care?

- I don't have time for an in-person PCP but would like to have one.
- I am not sure I am doing everything needed to stay on top of my health.
- I want to be healthy in every way no matter what I'm facing.
- I take steps to be healthy, but I'm not confident it will help me reach my goals.
- I have a family history of chronic conditions.
- I'm not feeling like myself and it's affecting how I take care of myself.

Teladoc HEALTH

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