

Find a provider

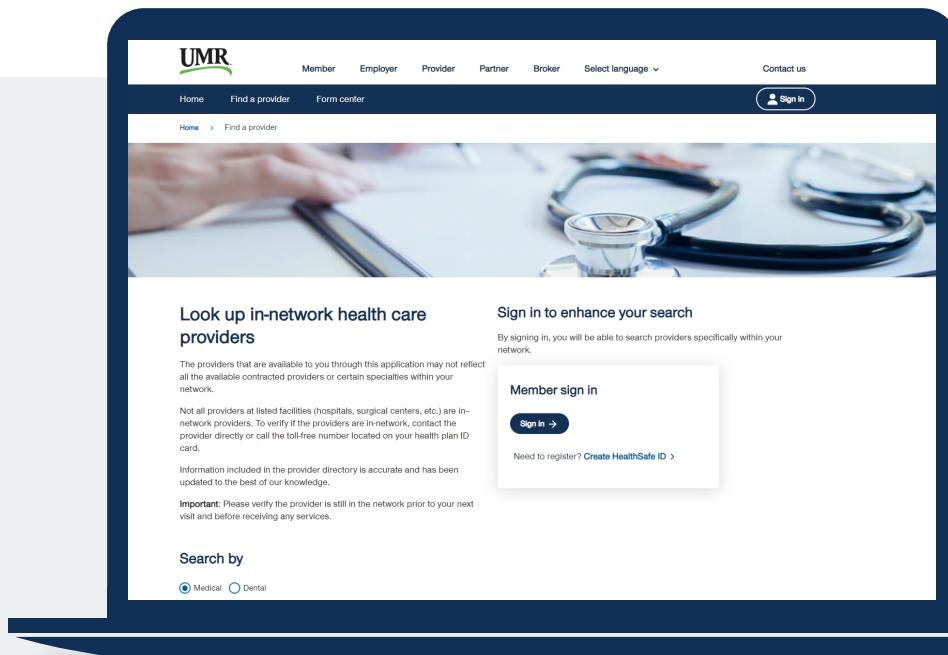
Your new preferred provider networks will be the UnitedHealthcare Choice Plus Network and the POMCO Select Medical Network

1

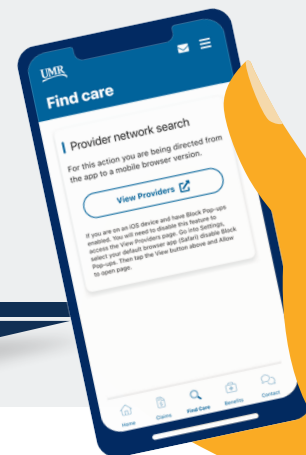
Go to **umr.com** and select
Find a provider

2

Search by using our alphabet navigation or type
UnitedHealthCare Choice Plus Network or
POMCO Select with Choice Plus into the search
box and follow the prompts to select your network



Find a provider
on the go. Sign into
the **UMR app** and
select **Find care**



Questions?

Call UMR customer service at the number on your ID card.